#### **Service Locations**

#### **Defiance**

211 Biede Ave. Defiance OH 43512 419-782-8856 / Fax 419-784-4506

#### **Bryan**

910 E. Maple St. Bryan OH 43506 419-636-2932 / Fax 419-636-1982

#### Napoleon

1325 Woodlawn Ave. Napoleon OH 43545 419-592-5981 / Fax 419-592-4522

#### Wauseon

1190 N. Shoop Ave. Wauseon OH 43567 419-337-5941 / Fax 419-337-6439

Toll-Free Number 800-569-3980

Email: mvgc@mvgcohio.org www.maumeevalleyguidancecenter.org www.facebook.com/MaumeeValleyGuidanceCenter/

A contract agency of:





Onsite medical services provided by:



#### Who We Are

A Behavioral Healthcare Center serving residents in Defiance, Fulton, Henry & Williams Counties for over 55 years. Our services are designed to help our clients cope & manage life's various difficulties.

We are here to meet the diverse needs of individuals in our community and we strive to meet those needs by delivering services professionally, positively, and ethically. Our trained staff works together as a team to ensure the best client care.

#### **Clinical Staff:**

Psychiatrist
Psychiatric Nurses
Counselors/Therapist/Masters Level
Clinicians
Social Workers
Licensed Chemical Dependency Counselors
Other Professionals

#### **Fees and Payments**

We accept all insurances including Medicare and Medicaid, please make sure to bring your insurance card to each visit. If you do not have insurance, we may be able to work with you to reduce your fees. Please speak to our staff about the necessary paperwork and information you will need in order to get assistance.



Maumee Valley Guidance Center 211 Biede Ave Defiance, OH 43512





# Maumee Valley Guidance Center

# **Dual Diagnosis**

Enhancing the quality of life for those we serve.

## Serving area children, families and individuals for over 60 years



# **Dual Diagnosis**

The Dual Diagnosis Group is for clients at any stage in the change process. We strive to meet the client where they are at in their journey of motivation to change.

This is a group for clients who may recognize that they have a problem, but are not ready to commit to lifelong sobriety. Resistant clients can also benefit from this group. Clients will find the support they need for recovery.

Clients must agree to maintain sobriety for the 20 week program, take random drug screens, and participate in all weekly sessions.

Our Master's level clinician is highly trained in mental health and substance use disorders. The goal is to educate the client so they can understand and process their own substance use and mental health issues and assist them on their road to recovery.

### **Topics Covered**

- Mental and physiological effects of alcohol and drugs.
- Mental illness and its impact on addiction.
- Analyze the individual's reasons for use and abuse.
- Analyze the consequences of use for each individual.
- Provide support for change & recovery.
- Develop coping skills for each individual's triggers.
- Develop a personalized plan for recovery including their mental illness.
- Information on alcohol, stimulants, opiates, inhalants, marijuana, PCP, hallucinogens, ecstasy, and methamphetamine.
- Assignments to practice and process throughout the 20 weeks.



#### **BENEFITS**

Licensed Professional Clinical Counselor facilitates the group.

Treatment for both mental health and AOD issues can take place during each group meeting.

Monthly reports are sent for individuals who have a legal obligation to attend.

No waiting time- group members can join at any point in the group.

Aftercare options are available for those who may need continued help after completion of the program.

Our team approach allows them access to a psychiatrist and case management if needed.