

## Service Locations

### **Defiance**

211 Biede Ave. Defiance OH 43512  
419-782-8856 / Fax 419-784-4506  
MWF 8 am – 5 pm; TTh 8 am – 8 pm

### **Bryan**

910 E. Maple St. Bryan OH 43506  
419-636-2932 / Fax 419-636-1982  
MThF 8 am – 5 pm; TW 8 am – 8 pm

### **Napoleon**

1325 Woodlawn Ave. Napoleon OH 43545  
419-592-5981 / Fax 419-592-4522  
Weekdays 8 am – 5 pm

### **Wauseon**

222 Depot St. Wauseon OH 43567  
419-337-5941 / Fax 419-337-6439  
Weekdays 8 am – 5 pm

**Toll Free Number 800-569-3980**

**Email: [mvgc@mvgcoho.org](mailto:mvgc@mvgcoho.org)**

**Website:**

**[www.maumeevalleyguidancecenter.org](http://www.maumeevalleyguidancecenter.org)**

Find us on 

A contract agency of:



Onsite medical services provided by:



## Who We Are

A Behavioral Healthcare Center serving residents in Defiance, Fulton, Henry & Williams Counties for over 55 years. Our services are designed to help our clients cope & manage life's various difficulties.

We are here to meet the diverse needs of individuals in our community and we strive to meet those needs by delivering services professionally, positively, and ethically. Our trained staff works together as a team to ensure the best client care.

### Clinical Staff:

Psychiatrist/Certified Nurse Practitioners  
Psychiatric Nurses  
Masters Level Clinicians/Counselors/  
Therapists  
Social Workers  
Licensed Chemical Dependency Counselors  
Case Managers

### Fees and Payments

We accept all insurances including Medicare and Medicaid, please make sure to bring your insurance card to each visit. If you do not have insurance, we may be able to work with you to reduce your fees. Please speak to our staff about the necessary paperwork and information you will need in order to get assistance.



Maumee Valley Guidance Center  
211 Biede Ave  
Defiance, OH 43512



# Maumee Valley Guidance Center

*Enhancing the quality of  
life for those we serve.*

# Serving area children, families and individuals for over 55 years

## Individual Therapy

### Outpatient Therapy

Highly trained Masters Level Clinicians are available to provide therapy for most problems or mental illness. Types of therapy include:

- \*Individual
- \*Children
- \*Family
- \*Marital/Couples
- \*Grief
- \*Trauma
- \*Divorce
- \*Short-term

### Home-based Therapy

The same services as Outpatient but offered as an alternative for clients who prefer to meet in the comfort of their own home, or for clients who have transportation issues.

## Psychiatry & Medication Management

We have experienced Psychiatrist & APRNs on staff to assist both youth & adult clients living with depression, anxiety or severe & persistent mental illness. Psychiatric medication evaluation & management services are offered.

## Group Therapy

### Dual Diagnosis Group

A 21 week group specifically for individuals with a mental health diagnosis & alcohol/substance use disorders that meets clients at their level of change. Clients must agree to maintain sobriety for the length of the program.

### Seeking Safety

A 26 week group which uses an evidence-based, present-focused counseling model to help people attain safety from trauma and/or substance use disorder.

### Anger Management

Adult group for any individual experiencing issues with anger, domestic violence and/or substance use. A minimum of 21 sessions led by Masters Level Clinician teaches anger management skills, Pre & Post-tests are used to ensure that the skills are learned & practiced.

---

## Local Area Response Team

### *Critical Incident Stress Management*

*The CISM Team responds to near-fatal or fatal disasters in the Four County area.*

*Disasters can range from an accident at a workplace to a severe weather event that claimed lives. The team assists traumatized individuals learn about stress reactions & self-care, express emotions and share their experience.*

---

## Supportive Programs

### Community Psychiatric Supportive Treatment

Case Management services for youth & adults living with severe mental or behavioral issues. The goal is for the individual to be able to remain independently functioning in the community. Case Managers are on-call 24 hours.

### Supportive Services for Veterans Families

SSVF program provides eligible veterans with a range of supportive services including case management, assistance accessing VA and mainstream benefits, short-term temporary financial assistance and housing search/ placement assistance. The goal is to improve the housing stability of very low income veteran families.

### Clubhouse Service

The program is designed to support the client's desire & goal to remain active in the natural community environment. A supportive environment of staff & clients is created to provide clients with daily living skills, wellness activities & daily socialization opportunities.

## Prevention Programs

### Healthy Ideas

A national, evidence based program with measurable results that helps to reduce the severity of depression in older adults. This program offers depression screenings & education and helps participants to be better able to recognize and self-treat early symptoms of depression while improving well-being & reducing physical pain symptoms.

### Parent Café

Parent Café is a program developed out of the Strengthening Families Framework, which is research and strength-based. Parent Café aims to build family protective factors through guided discussions where parents can share experiences, provide support, and learn of resources. This program is available for any parent or caregiver at no cost.

## School Based Prevention Programs

### Signs of Suicide (SOS)

The SOS Signs of Suicide Prevention Program (SOS) is a universal, school-based depression awareness and suicide prevention program offered to all middle and high schools in the four county area.

### Incredible Years

The Incredible Years® child training programs use dinosaur-themed materials and life-size puppets to engage children and strengthen social, emotional, and academic skills. The program is offered to all Pre-K through 1<sup>st</sup> grade classes in the four county area.

## Prevention Trainings & Community Awareness

Mental Health First Aid & Youth Mental Health First Aid courses are offered to all Four County area residents, agencies and employers. This evidence based course helps people identify, understand and respond appropriately to mental health issues.