

## Service Locations

### **Defiance**

211 Biede Ave. Defiance OH 43512  
419-782-8856 / Fax 419-784-4506  
MWF 8 am – 5 pm; TTh 8 am – 8 pm

### **Bryan**

910 E. Maple St. Bryan OH 43506  
419-636-2932 / Fax 419-636-1982  
MThF 8 am – 5 pm; TW 8 am – 8 pm

### **Napoleon**

1325 Woodlawn Ave. Napoleon OH 43545  
419-592-5981 / Fax 419-592-4522  
Weekdays 8 am – 5 pm

### **Wauseon**

222 Depot St. Wauseon OH 43567  
419-337-5941 / Fax 419-337-6439  
Weekdays 8 am – 5 pm

**Toll Free Number 800-569-3980**

**Email: [mvgc@mvgcoho.org](mailto:mvgc@mvgcoho.org)**

**Website:**

**[www.maumeevalleyguidancecenter.org](http://www.maumeevalleyguidancecenter.org)**

Find us on 

A contract agency of:



Onsite medical services provided by:



## Who We Are

A Behavioral Healthcare Center serving residents in Defiance, Fulton, Henry & Williams Counties for over 55 years. Our services are designed to help our clients cope & manage life's various difficulties.

We are here to meet the diverse needs of individuals in our community and we strive to meet those needs by delivering services professionally, positively, and ethically. Our trained staff works together as a team to ensure the best client care.

### Clinical Staff:

Psychiatrist  
Psychiatric Nurses  
Counselors/Therapist/Masters Level Clinicians  
Social Workers  
Licensed Chemical Dependency Counselors  
Other Professionals

### Fees and Payments

We accept all insurances including Medicare and Medicaid, please make sure to bring your insurance card to each visit. If you do not have insurance, we may be able to work with you to reduce your fees. Please speak to our staff about the necessary paperwork and information you will need in order to get assistance.



Maumee Valley Guidance Center CISM Team  
211 Biede Ave  
Defiance, OH 43512



**Maumee Valley  
Guidance Center  
CISM Team**

*Enhancing the quality of  
life for those we serve.*

## What is CISM?

Critical Incident Stress Management, or CISM, is an intervention protocol developed specifically for dealing with traumatic events. It is a formal, highly structured and professionally recognized process for helping those involved in a critical incident share their experiences, vent emotions, learn about stress reactions and symptoms and receive referral for further help if required.

CISM is not psychotherapy. It is a confidential, voluntary and educative process, sometimes called 'psychological first aid'. First developed for use with military combat veterans it was then utilized for civilian first responders such as police, fire, ambulance, emergency workers and disaster rescuer. CISM has now been adapted and is used virtually everywhere there is a need to address traumatic impact in people's lives.

There are several types of CISM interventions that can be used depending on the situation. Variations of the intervention include groups, individuals, families and intervention in the workplace.

## Examples of Critical Incidents

- Automobile accident, or any accident involving serious injury and/or property damage.
- Industrial accidents involving serious injuries or fatalities.
- Robbery and violent crimes
- Homicide(s)
- Line of duty death or injury among emergency/law enforcement personnel
- Any life threatening experience
- Natural Disasters- Fires, Floods, Earthquakes, Hurricanes, Tornadoes
- Multiple injury/fatality accidents
- Large scale environmental pollution
- Terrorism or Acts of war
- Child related traumatic events
- High publicity crimes of violence

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*“Disaster stress is a normal reaction to an abnormal situation.”*

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## **BENEFITS OF CISM**

- Stabilize crisis situations quickly & effectively when they do occur.
- Promotes wellness
- Can decrease utilization of sick time up to 60% in noted cases.
- Normalize stress reactions
- Explain what symptoms can be expected after a disaster.
- Educate those affected on appropriate coping skills for short term and long term use.

