



Expressions

Maumee Valley Guidance Center

Connie Planson, President & CEO

Volume 12, Issue 1

Prevention Program

Over 1,300 Students Participate in the SOS Program

Maumee Valley Guidance Center continues to provide the SOS: Signs of Suicide Prevention Program (SOS) to area schools. The SOS program is an evidence-based program designed for middle and high school students. The goals are to 1) decrease suicide and suicide attempts by increasing student knowledge and adaptive attitudes about depression, 2) encourage personal help-seeking and/or help-seeking on behalf of a friend, 3) reduce the stigma of mental illness and acknowledge the importance of seeking help or treatment, and 4) engage parents and school staff as partners in prevention. The SOS Program is a two-day program with videos, classroom discussions and activities, and the Brief Screen for Adolescent Depression. Students learn how to ACT® (Acknowledge, Care and Tell) and are provided with local and national resources, such as the Crisis Text Line.

Since the beginning to this school year, Maumee Valley Guidance Center has educated 1,355 students through the SOS program. Schools participating so far this school year include: Defiance High School, Archbold High School, Liberty Center Middle and High Schools, Fairview Middle School, Hilltop Middle School, Stryker Middle and High Schools, North Central Middle School, Pettisville High School, Edon High School, Ayersville High School, Wauseon Middle School, Holgate High School, Swanton High School, and Napoleon Middle School. Maumee Valley Guidance Center will be finishing out 2019 with Delta Middle School, Evergreen Middle and High Schools, Fairview High School, Swanton Middle School, Archbold Middle School, and Montpelier Schools.

With funding through the Four County ADAMHS Board and United Way, Maumee Valley Guidance Center is able to provide this program to schools at no cost. For more information about the SOS: Signs of Suicide Prevention Program, contact Karen VonDeylen, Prevention Manager, at 419-785-3835 or by email: kvondeylen@mvgcohoio.org.

Staff Psychiatrist Passes Away

Jerrold Franklin Gray MD, 67, passed away December 2, 2019 at his home in Waterville, Ohio. Jerrold was born April 16, 1952 in Cincinnati to Richard H and Helen (Bostrom) Gray. He was a graduate of the Medical College of Ohio class of 1995. Jerrold was a Psychiatrist working at the Maumee Valley Guidance Center from 1999 to his passing. Dr. Gray was dedicated and caring. He will be missed by patients and staff.

Jerrold is survived by his son Jeffrey of Philadelphia, his brothers, James (Ellen) of Woodstock IL, and John Gray of Tupelo, MS. He was preceded in death by his wife Diming in 2010 and his parents.

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Board of Directors:

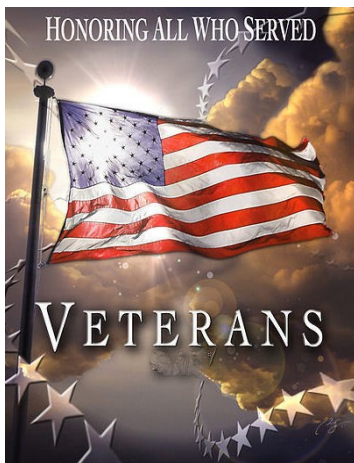
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*Serving Defiance,
 Fulton, Henry, and
 Williams Counties
 since 1960*

On the Move in Henry County

The excitement is building as we prepare to move to our newest location. Maumee Valley Guidance Center has recently purchased a new stand alone building in Napoleon. The location at 1325 Woodlawn Avenue is centrally located and has plenty of parking for clients and staff. We are currently in the process of renovating and look forward to serving clients out of a new handicapped accessible location. The new building will provide us an opportunity to serve more clients in Henry county, since we have started a new school-based program with Napoleon schools. This location will also have outpatient therapy, home-based therapy, case management and medication management services.

Supportive Services for Veterans Families Program



Maumee Valley Guidance Center is pleased to announce that we have been awarded grant money for Supportive Services for Veteran Families Program (SSVF) for our 8th grant year through the Department of Veteran Affairs. This program helps Veterans in the five county area of: Fulton, Henry, Defiance, Williams and Paulding counties. The primary aim of supportive services (SSVF) program is to help Veterans and their families who are homeless or at risk of homelessness quickly regain stability into permanent housing after experiencing a housing crisis. Since Maumee Valley Guidance Center started this program we have helped 568 Veterans and their families. To learn more, please contact Jenny at (419) 785-3825

Staff Anniversaries

January

Michael Knox Janine Tonjes
Mattea Gilbert

March

Natasha Armbruster Meredith Kelch
Jennifer Lydy

May

Natalie Porter Natalie Gibson
Katherine Shaffer BJ Horner
Anne Mallett Craig Parliment
Linda Pavel

February

Lisa Rue Stephanie Thomas
Sherri Ward Jennifer Wilson

April

Betty Tingley

June

Terri Shaffer
Karen VonDeylen



Clubhouse

Clubhouse program is designed to support the client's desire & goal to remain active in their natural community environment. Clubhouse is a supportive environment of staff & clients and is created to provide clients with daily living skills, wellness activities & daily socialization opportunities. This year our Clubhouse program has been very active. From various field trips to in house activities, Clubhouse provides clients the ability to get out and around the community and build relationships with those who share a common bond. With additional funding from United Way of Williams County, our facilitators have been able to provide new activities and field trip destinations, a homemade lunch several times a month, opportunities to win raffle prizes, and much more. From visiting a local farm, Four County Career Center to enjoy a "spa day" by the students in the cosmetology program, Sauder's Village, County Fairs, to decorating pumpkins. The clients will also be looking forward to celebrating the holidays with a Thanksgiving dinner and our annual Client Christmas party. With the Clubhouse program clients are able to have the opportunity to become more involved in their own treatment and advocate against the stigma of mental health.

Nutrition Group



Did you know that Maumee Valley Guidance Center and the Williams County OSU Extension office has teamed up to provide a Nutrition Group? With the help of the Williams County OSU Extension Office, this group helps clients learn how to shop for healthy foods while on a budget. Pictured here are delicious kabobs of zucchini, yellow squash, potatoes, bell peppers, onions, and chicken! Any Maumee Valley Guidance Center client is invited to attend! The group meets in our Bryan office every-other Wednesday. For more information, contact Misty Gomez at 419-636-2932.

Pictured are Misty Gomez, case manager for Maumee Valley Guidance Center and Becky McGuire, Program Assistant for the Williams County OSU Extension Office.

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Do the difficult things while they are easy and do the great things while they are small. A journey of a thousand miles must begin with a single step.

Lao Tzu

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www.maumeevalleyguidancecenter.org

Enhancing the Quality of Life for
Those We Serve



Mission Statement

Our mission is to enhance the quality of life of those we serve across the life span emphasizing treatment, community involvement, and innovative programs and to diminish the prevalence of behavioral health disorders. Our mission also supports preservation of the attributes, traits, and qualities of small community life unique to Northwest Ohio.

Find us on 



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