

## Service Locations

### **Defiance**

211 Biede Ave. Defiance OH 43512  
419-782-8856 / Fax 419-784-4506  
MWF 8 am – 5 pm; TTh 8 am – 8 pm

### **Bryan**

910 E. Maple St. Bryan OH 43506  
419-636-2932 / Fax 419-636-1982  
MThF 8 am – 5 pm; TW 8 am – 8 pm

### **Napoleon**

407 Independence Dr. Napoleon OH 43545  
419-592-5981 / Fax 419-592-4522  
Weekdays 8 am – 5 pm

### **Wauseon**

222 Depot St. Wauseon OH 43567  
419-337-5941 / Fax 419-337-6439  
Weekdays 8 am – 5 pm

**Toll Free Number 800-569-3980**

**Email: [mvgc@defnet.com](mailto:mvgc@defnet.com)**

**Website:**

**[www.maumeevalleyguidancecenter.org](http://www.maumeevalleyguidancecenter.org)**

Find us on 

A contract agency of:



Onsite medical services provided by:



## Who We Are

A Behavioral Healthcare Center serving residents in Defiance, Fulton, Henry & Williams Counties for over 55 years. Our services are designed to help our clients cope & manage life's various difficulties.

We are here to meet the diverse needs of individuals in our community and we strive to meet those needs by delivering services professionally, positively, and ethically. Our trained staff works together as a team to ensure the best client care.

## Clinical Staff:

Psychiatrist  
Psychiatric Nurses  
Counselors/Therapist/Masters Level Clinicians  
Social Workers  
Licensed Chemical Dependency Counselors  
Other Professionals

## Fees and Payments

We accept all insurances including Medicare and Medicaid, please make sure to bring your insurance card to each visit. If you do not have insurance, we may be able to work with you to reduce your fees. Please speak to our staff about the necessary paperwork and information you will need in order to get assistance.



**MAUMEE  
VALLEY  
GUIDANCE CENTER**

Maumee Valley Guidance Center School-Based Programs  
211 Biede Ave  
Defiance, OH 43512



**Maumee Valley  
Guidance Center  
School-Based  
Programs**

*Enhancing the quality of  
life for those we serve.*

Serving area children, families and individuals for over 55 years

## Signs of Suicide

The SOS Signs of Suicide Prevention Program (SOS) is a universal, school-based depression awareness and suicide prevention program offered to all middle and high schools in the four county area.

### 5 Goals

- 1) Decrease suicide and suicide attempts by increasing student knowledge and adaptive attitudes about depression.
- 2) Encourage personal help-seeking and/or help-seeking on behalf of a friend.
- 3) Reduce the stigma of mental illness and acknowledge the importance of seeking help or treatment.
- 4) Engage parents and school staff as partners in prevention through "gatekeeper" education.
- 5) Encourage schools to develop community-based partnerships to support student mental health.

*Signs of Suicide is included in the National Registry of Evidence-Based Programs and Practices (NREPP).*



## Why Have School-Based Programs?

"School and community prevention programs designed to address suicide and suicidal behavior as part of a broader focus on mental health, coping skills in response to stress, substance abuse, aggressive behaviors, are most likely to be successful in the long run."

-National Institute of Mental Health

"SOS is the first school-based suicide prevention program to demonstrate significant reductions in self-reported suicide attempts."

Aseltine, Robert H., and Robert DeMartino. "An Outcome Evaluation of the SOS Suicide Prevention Program." *American Journal of Public Health* 94.3 (2004): 446-451. Print.

### Local Teacher Comments about Incredible Years:

Delta Kindergarten Teacher: "My students have spoken about topics that were addressed during our regular classroom tasks/routines/lessons. Love the program! Great job. 😊"

Bryan 1<sup>st</sup> Grade Teacher: "Great program - Kids do use the tools that they were taught."

Hicksville Kindergarten Teacher: "I love Dinosaur School. The kids learn a lot."

Patrick Henry 1<sup>st</sup> Grade Teacher: "It is my hope that we can continue to receive this program next year! It has been very important! Thank you so much 😊"

Patrick Henry Kindergarten Teacher: "My students love Dinosaur School. I am so grateful for this program. It really encourages my students' social development. I notice an increase in social awareness and kindness. I love it!"

Montpelier 1<sup>st</sup> Grade Teacher: "Dinosaur school helped many of my students in a very positive way! I was able to discuss ideas from dinosaur school in our regular school day, and see positive changes from the students."



## Incredible Years® / Dino School

The Incredible Years® is an evidence-based program that helps reduce challenging behaviors in children and increase their social emotional learning and self-control skills.

The Incredible Years® child training programs use dinosaur-themed materials and life-size puppets to engage children and strengthen social, emotional, and academic skills. The program is offered to all Pre-K through 1<sup>st</sup> grade classes in the four county area.

The Dinosaur Curriculum emphasizes training children in skills such as: emotional literacy, empathy or perspective taking, friendship skills, anger management, interpersonal problem-solving, school rules and how to be successful at school.