



Expressions

Maumee Valley Guidance Center

Connie Planson, President & CEO

Volume 6, Issue 2

MVGC Completes Phase II, Building Expansion

Maumee Valley Guidance Center completed Phase II of the building expansion in March 2014. This new addition provides three exam rooms and office space for the Integrated Health Services.

This is a result of a partnership involving ADAMhs Board, Health Partners of Western Ohio and Maumee Valley Guidance Center.

Integration of Behavioral Health care and Physical Health care is a committed coordination in collaboration between all providers treating the client. We all need to take care of both our physical health needs and our behavioral health need. Symptoms and illnesses in one impacts the health of the other.



Entrance into the new addition.

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Embrace Wellness—May is Mental Health Awareness Month



A vast majority of mental health conditions are treatable, we can—no matter how challenging the mental health obstacle we face—always chart a course back to wellness.

MVGC's commitment to the community can be an important part of the recovery process by providing education, support and by helping individuals and families work through their personal situations through the counseling process.

Trauma—Certification Specialists—Holly Leupp & Melissa Butterfield

MVGC outpatient therapists Melissa Butterfield LPC, LCDC III and Holly Leupp MSW, LSW have each received their Level-1 Trauma and Loss Clinical Specialist Certification after completing courses in childhood trauma and structured sensory interventions.

As part of the Starr Global Learning Network, The National Institute for Trauma and Loss in Children (TLC) developed a program to inform and train professionals on trauma and loss for children and adolescents. TLC bases its approach from the Structured Sensory Interventions for Children, Adolescents and Parents (SITCAP) program designed and taught by Dr. William Steele and Caelan Kuban. SITCAP follows the premise that children's cognitive functioning has developmental limitations which impact their ability to process and interpret information and events at young ages. With this understanding, SITCAP utilizes a sensory, non-language approach that involves children at a cognitive level which is argued to be more developmentally fitting. Sensory based intervention has an essential component of creativity that allows children to tell their story from their own perspective while making it a concrete and tangible experience. SITCAP is considered an advantageous approach as it can be used across the span of ages and functioning levels. Defiance, Henry, Williams, and Fulton counties will now have a certified trauma and loss specialist to provide clinical treatment to children and adolescents.



Holly Leupp (left), Melissa Butterfield (Right)

MVGC is dedicated to serving the Alcohol and Drug Population.

The **Dual Diagnosis Group** is for those clients that have both Substance use disorder and a mental health disorder. Clients at all stages of the change process benefit from this group. Resistant clients that deny they have a problem can benefit from this group. This group is also for clients that admit they have a problem, but are not ready to commit to lifelong sobriety. Clients who are ready to make changes in their lives will find the support they need to do well. We strive to meet the client where they are currently at in their motivation to change.

Clients must agree to maintain sobriety for the 12 week program, take random drug screens, and participate in all weekly sessions. Our Master's level clinician is qualified to handle both mental health issues and alcohol/drug issues that surface while in group. Aftercare options are available for those who may need continued help after completion of the program. Our goal is to educate and process the client's use of Alcohol/ drugs and get them as far along as possible in their recovery. Our team approach allows them access to a psychiatrist and CPST services in addition to the Masters level clinicians.

Our staff is well trained and experienced in treating chemical dependency. Many of our Masters level clinicians are dually licensed with the Ohio Counselor and Social Worker Board and the Ohio Chemical Dependency Board. Our Case Managers hold the Chemical Dependency Counselor Assistant (CDCA) License by the Ohio Chemical Dependency Board. This ensures that our staff is well trained to work with the specific needs of those with Alcohol or Drug abuse or dependency.

Community Donations, Assistance, and Grants

Maumee Valley Guidance Center received various donations from local community members. We thank them for their generous contribution to the agency and its mission.

As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.

-John Fitzgerald Kennedy .

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Enhancing the Quality of Life for
Those We Serve



Mission Statement

Our mission is to enhance the quality of life of those we serve across the life span emphasizing treatment, community involvement, and innovative programs and to diminish the prevalence of behavioral health disorders. Our mission also supports preservation of the attributes, traits, and qualities of small community life unique to Northwest Ohio.



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