

# Welcome to Your Health Center!

Our job at Maumee Valley Guidance Center Integrated Health Care is to give you the best health care possible. We want to see you for regular health check-ups and when you are ill. Our number one priority is helping you stay physically and mentally healthy.



To do this we have lots of people helping. We will work with your psychiatrist, counselor, pharmacist, nurse practitioner and doctor as a team to give you the best care possible. Our pharmacist will talk with all team members, so we can make sure we keep your medications correct and up-to-date.

## Services

You will be able to get all of your services under one roof. Our care focuses on making sure you keep healthy and strong. If you do get sick, our job is to get you feeling better fast. For people with health problems, we will work as a team to keep them under control.

## Medical

Your doctor and nurse practitioner are here to listen to your medical concerns. They will be here to do check-ups, cancer screenings, diabetes testing and blood pressure checks. They will also help you with simple illness such as sore throats, earaches, rashes, and other infections. Call us at (419) 782-8856 or 1(800)569-3980 to reach us.

## More Services

- ◆ One-on-one visits with pharmacist to explain medications
- ◆ Education on diabetes, high blood pressure, high cholesterol, and more!
- ◆ Stop smoking classes
- ◆ Exercise & wellness programs
- ◆ Healthy living activities
- ◆ Reduced prices on medicines
- ◆ Help applying for a medical card
- ◆ Transportation assistance

## Behavioral Health

We have a full team of people to help you when you are feeling down and out, depressed, anxious, or having trouble coping with life. Our services include:

- Counseling Services
- Psychiatric Services
- Medication Management Service
- Case Management Services
- Veterans' Support Services
- Senior Prevention Services
- Alcohol and Drug Addiction Services



## Pharmacy Services

We work with our partner pharmacy in Bryan, Ohio to get your medicines. The pharmacy accepts all insurances. If you do not have insurance, we offer many options to make your medicine affordable. This depends on how much money you make and how many people live with you. Our pharmacy team will meet with you to explain our programs.

No one will be turned away!



### Fees and Payments

We accept all insurances including Medicaid and Medicare. Please bring your insurance card at every visit. If you do not have insurance, we may be able to reduce your fees. Please ask to speak to our staff to fill out paperwork. You will need to bring your pay stubs, child support, or tax papers, so we can figure out your cost for each visit.



*The Four County*  
**ADAMhs Board**  
Four County Board of Alcohol, Drug Addiction and Mental Health Services

No one will be turned away because they cannot pay. This program has been made possible by funding from the Four County Board of Alcohol, Drug Addiction and Mental Health serving Defiance, Fulton, Henry, and Williams counties.

Please visit our websites:

[www.maumeevalleyguidancecenter.org](http://www.maumeevalleyguidancecenter.org)

[www.hpwohio.org](http://www.hpwohio.org)

[www.facebook.com/hpwohio](https://www.facebook.com/hpwohio)

[www.fourcountyadamhs.com](http://www.fourcountyadamhs.com)

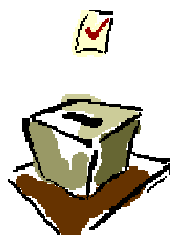
We look forward to seeing you!

### Appointments

Our goal is to see you within 48 hours of calling us. All visits will be scheduled at a time that is best for you and your provider. Please call us at (419) 782-8856 or 1(800) 569-3980 as soon as possible if you become ill.



### Questions & Concerns



Let us know if you have questions, problems, or comments. Good or bad, we want to hear from you. Call our comment number at 877-516-4149, or drop a note in our comment box.

### Hours of Operation

Monday - Friday  
8:30 a.m. - 5:00 p.m.

### After Hours Care

If you have an problem when we are not in the office, please call our after-hours line number at 419-221-3072. Our answering service will connect you to someone who can help.



# Health Partners of Western Ohio



## Maumee Valley Guidance Center Integrated Health Care

211 Biede Avenue  
Defiance, Ohio 43512

(419) 782-8856  
1(800) 569-3980



**Your Health Care Home...**  
Taking Care of the Whole Person  
Mind, Body and Spirit