



# Expressions

## Maumee Valley Guidance Center

Connie Planson, President & CEO

Volume 3, Issue 1

### Open House—50th Anniversary Celebration

On June 24, 2010 Maumee Valley Guidance Center held an Open House at the 211 Biede Avenue location in Defiance, Ohio. This was held in celebration of their 50 years serving the communities of Defiance, Fulton, Henry and Williams counties.

Gary Lehman, former director of MVGC, was the guest speaker. He shared past experiences of MVGC and gave a brief history of the evolution of mental health services.

Letters of congratulations were received from various community members as well as State Representative Lynn

Wachtmann. The four county area County Commissioners presented Maumee Valley Guidance Center with a Proclamation on our dedicated years of service to the community.



Board of directors and CEO: (from left) Jim Harris, Richard Myers, David Westrick, Connie Planson, Paul Barnaby, Lewis Hilkert.

#### Inside this issue:

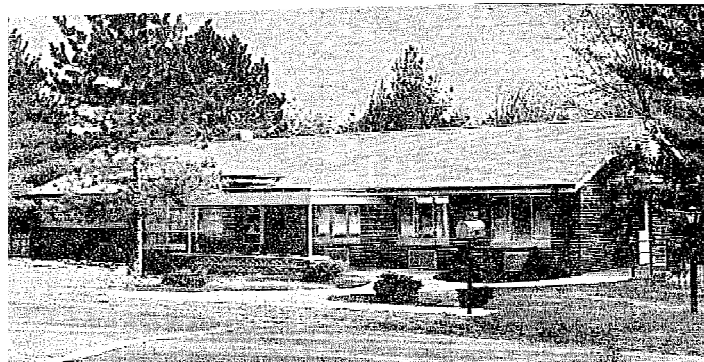
<i>Chamber Award</i>	2
<i>Clubhouse Activities</i>	2
<i>New Doctor</i>	2

#### Board of Directors:

- Paul Barnaby
- Susan Jackson
- James Harris
- David Westrick
- Richard Myers
- Lewis Hilkert
- Cheryl Kehnast
- William Brenner
- Denny Shannon

### 50 Years Ago!

Maumee Valley Guidance Center,  
211 Biede Avenue,  
Defiance, OH  
November 14,  
1960



## Defiance Chamber of Commerce Annual Awards Banquet

Several area businesses were honored for their dedication and long standing in the community during the Defiance Area Chamber of Commerce's annual banquet on Thursday, September 9, 2010.

Maumee Valley Guidance Center received an award for 50 years of service to the community.

Maumee Valley Guidance Center was legally activated and a board of directors was created in February 1960. Shortly after the activation of the clinic, a constitution was proposed and adopted. Today, the Guidance Center provides outpatient counseling and psychotherapy, psychiatric evaluation, medication management and

community support program services to adults with severe mental disabilities, client support groups, community education, suicide prevention programs, drug free workplace training and is the Defiance County Critical Incident Stress Management response team.



*Accepting the award on behalf of MVGC is from left: Rachelle McDonald, Mary Bailey, Connie Planson and Leslie Taylor.*

## Clubhouse Activities

Sauder's Village participants were able to step back into time and learn how things were done and made years ago.

The Toledo Zoo participants were able to see a variety of animals including a polar bear baby and a baby monkey.

MacQueens Apple Orchard participants took a tour of the facility and were provided apples, donuts, and cider.

The Fulton County Fair participants took in the sights and were educated on various community businesses and resources.

Participants were treated to picnics, shopping adventures, and trips to the free stores in the area during these months.

In the coming months, participants can look forward to a tour of Spangler Candy Company, a pizza party to celebrate Pizza Month, Christmas shopping, and the annual Client Christmas Party.



## INTRODUCING OUR NEW DOCTOR

Maumee Valley Guidance Center is pleased to announce the addition of Dr. Enedina Berrones to our office.

Dr. Berrones completed her Medical Degree at the Central America Health Sciences University, Juarez, Mexico campus.

She graduated cum laude from Texas A & M International University with an undergradu-

ate degree in nursing. Dr. Berrones completed her specialty training in psychiatry at Metro-Health Medical Center Case Western Reserve University in Cleveland, Ohio.



Dr. Berrones is from humble beginnings having been born and raised in a rural town along the Texas-Mexico border. She is bilingual and bicultural of Mexican-American descent.

She enjoys rural life, her dogs, multiple pets, gardening, farming and playing bingo when she is not working on a



quilt or two.

Dr. Berrones is looking forward to being a part of the community and is actively looking to purchase a small farm she can work on when not at the Guidance Center.

## NEW PSYCHIATRIC HOURS

Dr. Berrones will be working in our Defiance and Bryan offices.

She will be seeing patients on Tuesday, Wednesday and Friday in our Bryan office location and on Thursdays she will be seeing patients in our Defiance office location.

## *Maumee Valley Guidance Center*

211 Biede Avenue  
Defiance, OH 43512

800-569-3980  
Email: mvgc@defnet.com



[www.maumeevalleyguidancecenter.org](http://www.maumeevalleyguidancecenter.org)

Enhancing the Quality of Life for  
Those We Serve



### **Mission Statement**

Our mission is to enhance the quality of life of those we serve across the life span emphasizing treatment, community involvement, and innovative programs and to diminish the prevalence of behavioral health disorders. Our mission also supports preservation of the attributes, traits, and qualities of small community life unique to Northwest Ohio.



Maumee Valley Guidance Center  
211 Biede Avenue  
Defiance, OH 43512  
800-569-3980  
Email: mvgc@defnet.com  
[www.maumeevalleyguidancecenter.org](http://www.maumeevalleyguidancecenter.org)